

"In addition to reducing the amount of bathing we do, we should fill the room with as much natural light as possible to save electricity."

Cheryl Gurner, Director at Bathrooms International

right Reduce water usage by swapping your big bath for the large stainless steel Sky Shower which can be used with a loved one for efficiency and fun. Expect to pay £2855, at Bathrooms international. Tel: 020 7838 7788, www.bathroomsint.com

left The perfect replacement for a water-guzzling bath, the Freedom Colossus is suitable for low pressure water systems, has advanced thermostatic controls with instant shut off and flow regulators. Expect to pay around £1895, at Roman Showers. Teb 0845 050 4002, www.roman-showers.com

